

13 Types of Signals

CR James | Updated: November 13, 2020

This will be a 'straight to the point' report.

For the most, the style that I do (and teach) for having an impact on a woman falls under the category of what I am now labeling as:

Perception Driven Mind Management

It's where the emphasis is placed largely on 'sending indirect signals'...

You can also use the core concept for inspiring people, improving your relationship and even parenting.

For example, I told my son (prior to getting his first report card of straight A's) that he did a lot genius stuff when he was little kid. And that he was amazingly good at figuring stuff out - which was a strategic conversation designed to get him to approach his homework differently.

He evolved from a mindset of 'this is hard. I can't do it' → TO → 'I can figure this out'. I wanted THE FORMER to be the first thought that enters his mind when he sees a tough problem.

So that's an example of 'sending an indirect message' that's designed to affect a person's future behavior.

I have nothing against hypnosis and techniques like that... in fact I'm sure I could have taken him to see a good hypnotherapist and that could have worked, too.

I'm sure there are tons of 'methods' that could have worked.

The only thing I'm saying is that I default to 'the usage of indirect messages' as the CORE of what I do (It's a simple and powerful way of shaping perceptions → which leads to approaching things differently)

It works great.

You can do them to inspire others and to inspire yourself.

You might want to remind yourself of times when you did 'smart stuff' as a way of increasing the belief that you can always figure things out.

Let's go through some examples.

Let's say you wanted to send the message to yourself that **you're the type of guy who chases your dreams** - which is a combinations of signals: You're ambitious + You do things on your own terms + You're not concerned with what others think.

Here are different ways to send that message...

Signal Type #1 Direct Signal

You: I'm the type of guy who chases his dream.

(That's it.)

This is not really an effective way to send signals because it's too direct. You would think it would be the most efficient way of getting the point across. Guess what? It's not.

When you send direct messages to a partner, it often doesn't work too well.

This can be a sad situation for many guys who are like me (meaning I prefer if I lived in a world where I could say things to my female partner and it would be received exactly who I said it).

For example, a guy could say to his wife, "I just noticed that you're someone who always chases your dreams."

And she might react confused, "what are you trying to say?"

Her mind is now racing at what he's trying to imply.

With that said, there is a time and place for **direct signals**, but when the objective is to affect her perceptions/beliefs/feelings/emotions you'll want to stick with sending the message indirectly.

The following signals will contain various ways of sending the message indirectly.

Practice doing all of them as much as possible.

Signal Type #2: True Stories

You: One day I really had the dream of running a marathon. I had never run a quarter of a mile before. But for some reason, I had a dream of running 26 miles. I started running every day and eventually I could run further distances. One day I signed up and ran it. It was the greatest feeling of my life blah blah blah blah...

As you can see, it's a story where you're the "character" who chases your dreams.

When you're trying to send an indirect message to a woman using the "true story" approach, the whole point is to put the effort in finding memories where she did something impressive that's relevant to the current signal/message that she needs.

If she is currently feeling like it's not worth chasing a dream, tell a story of a time when she achieved a big goal.

Signal Type #3: Fictional Story

Fictional stories can be shockingly powerful.

You: Let me tell you a story. One day there lived a little lion cub named Sharon. She had a nice smile and enjoyed doing things for others. blah blah blah blah blah blah blah and the moral of the story is "always chase your dreams".

A fictional story can have multiple applications.

1. You can use it to inspire her in a playful way.
2. You can use it (let's say on a new woman) as a way of building sexual value. The story sends the message that you're playful + it sends the message that you're a **guy who understands the importance of chasing your dreams**.

Once again, direct messages don't have the same impact.

People can say whatever they want, such as:

"I prefer to be 100% direct! All the time!"

"I prefer to be direct! I don't like playing games."

"I'm always direct."

That's fine. No one is stopping them...or even arguing with them.

With that said. Most women would be put off by a guy who is always direct. Even if she liked it at first, there's a strong chance it would get old.

Could you imagine witnessing a guy on a first date saying to the woman, “I make smart decisions all the time”?

Even if it’s true, it sounds awkward.

If you have trouble creating fictional stories, think of a real-life story where the signal is present and then insert her (as the lion cub, the kitten, a bunny named “[her name]”.... And then layer it ‘fictionally’ as a new story...

You can insert yourself...

“One day there lived a tiger named Jim. He was an engineer and he had two tiger cubs and a beautiful tiger wife named Stacy. She had an amazing smile and nice yummy tiger ass. During the day they would run through the jungle and at night they would climb high in the tree together to watch re-runs of Seinfeld. Then one day... blah blah blah blah blah...”

As you can see, it's a cool way to send strong SV signals.

1. You're metaphorically a 'tiger' [i.e. don't make the fictional-you be something like a snail or a roach]
2. You understand the importance of chasing your dreams
3. You could insert ANY combo of SV signals

{Advanced Level} You could also place her in the story and **have her experience** certain emotions, certain perceptions, certain insights!

With fictional stories, the flexibility is off the charts!.

Let's get to the next type of signal...

Signal Type #4: Sequence of Questions

To understand this, I want you to imagine going on a date with a woman and out of nowhere she started asking you these series of questions.

What kind of car do you drive?

How much money do you have in the bank?

How much do you make a year?

How many pairs of designer jeans do you own?

What's the most expensive gift you've ever bought a woman?

Even though she hasn't volunteered any information about herself, she has still sent indirect messages about herself - just by the type of questions that she asks.

Once you realize that, you can do the same thing in a way that “positively” shapes your perception.

Questions are a great (and massively underutilized) way of sending indirect SV messages, indirect ST messages and other messages.

Note: SV Messages = Sexual Value Messages = Messages that increase your attraction (sexual value).

ST Messages = Sexual Tension Messages = Messages that increase sexual tension.

So, if the message is: You're a guy who chases your dreams, you can ask her questions like:

What's your biggest dream?

Do you think you're more ambitious than your friends?

What do you do to motivate yourself?

How come most people are content with being average?

As you can see, these type of questions build your SV in an indirect (super subtle) way...

Super Tip #1: You can sprinkle questions within a story

Super Tip #2: You can/should combine Signal Types for a greater effect.

Signal Type #5: Movie

Let's say that your woman has a pattern of getting turned on by romantic themes.

Some women are like that.

Some are not.

I believe that a guy should press the right buttons.

With that said, you might not know how to tell a romantic story.

In that case, you could select the right movie.

Because she has mirror neurons (in her brain) that causes her to identify sympathetically with characters in a movie - aside from other things - *she may get sad when watching a female character get sad (to the point where she's crying)...*

On a similar note, if the female character is feeling passionate and longing for lovemaking, it could have a similar effect on the woman watching the movie.

Signal Type #6: Direct Actions

For a while, I would only think of sending signals as either being direct or indirect.

In each case, it involved your words.

Although, 'actions' often send

If you're on a date with a new woman and the waitress accidentally spilled some food on her lap and your date responded by slapping the waitress and throwing your water on her face (without even asking if you were going to drink it!) ...that *non-verbal action* would obviously send some "information" about who she is as a person - even though she never said a word.

Signal Type #7: Reaction-Based Signals

Typically, this is where most guys fail.

Most guys have no concept of 'reaction-based signals'.

Some guys will obsess over pick up lines or normal conversational openers.

It's as if they think that saying the right thing from the beginning will lead to her thinking, "I got to see this amazing guy again!!"

It doesn't work that way.

Most of the impact comes from how you react to what she says.

Imagine if a guy said to a woman...

The guy: You seem like an interesting woman. I can't really explain it. Anyway... how are you doing, today?

Her: You can just look at a woman and tell that she's interesting. Who taught you this ability?

The guy: No No No. I'm sorry. I didn't mean to offend you. I just think there's something interesting about you.

Her: Like what?

The guy: I don't really know (nervous laugh)

Her: blah blah blah

The guy: blah blah

We'll stop here.

Now, we'll show a different version involving the same exact opening line.

The guy: You seem like an interesting woman. I can't really explain it. Anyway... how are you doing, today?

Her: You can just look at a woman and tell that she's interesting? Who taught you this ability?

The guy: I'll never share that secret. Never. unless you're willing to share who taught you sarcasm mastery.

Her: (Laughs) Sarcasm mastery... I'll never share that with anyone.

The guy: Good. Because it would make you less interesting

Her: blah blah blah

The guy: blah blah

As you can see, Guy #1 and Guy #2 had the identical opening line (and whether it was a good one, bad one, or average one... that doesn't matter). Most of the impact happens with 'reaction-based signals'.

Guy #1's reaction-based signals were too apologetic and surrendering.

One guy told me a story about how he bombed with some advice I gave him.

Basically, he gave her the "new guy speech.

(Note: The "new guy speech" is a tactic from one of my reports. Basically it has to do

with giving your female partner a speech about how you feel a new guy for the purpose of rebranding yourself. If she sees you in a better way → She'll react to you in a better way.)

At any rate, when he told me what he said initially (before hearing the rest), I was thinking to myself, "Ok brilliant. He nailed it."

In fact, I thought it was much better than the example I gave.

One problem though....his wife (just like 90% of women) CHALLENGED his initial statement.

And after that, he was mind-blanked.

It's not really his fault. It was my fault. I never talked about reaction-based signals.

Consider the following two reactions.

Guy A (Adam) and Guy B (Bob) are both trying to send a basic "I'm a new guy. I feel amazing" signal.

Adam: You know what? I feel like a new guy. I feel amazing. I really can't explain it.

Adam's girlfriend: You sound like you're getting ready to conquer a country. (laughs)

Adam: (angry) How come every time I share something nice with you, you have to make a sarcastic remark!!

Compare that with...

Bob: You know what? I feel like a new guy. I feel amazing. I really can't explain it.

Bob's girlfriend: You sound like you're getting ready to conquer a country. (laughs)

Bob: (smiles) I was thinking of starting with a small village first. Then I was going to gradually work my way up to a country. You like to shop, right? Would you mind helping me pick out a throne?

Bob's girlfriend: (laughing) Sure.

A good way for having a great response to (1) see if you can playfully flip it back on her:

Her: Where did you learn the ability to tell if a woman's interesting?

You: Where did YOU learn YOUR ability of sarcasm mastery?

Another way for having a great response to (2) agree with her + give other details.

Her: You sound like you're getting ready to conquer a country.

You: I am. I just need to build my boat first.

Signal Type #8: Body Language.

This isn't a shocker.

The right body language is a powerful way to send messages.

There are many different approaches. Some people will manually position themselves in a way that projects positive signals.

Some people will focus more on their mindset while trusting that they'll automatically project positive body language.

Whatever works for you, do it.

For the most part, you're better off **feeling amazing about yourself** and intentionally managing your mindset, attitude, and beliefs [i.e. about yourself, about women, about you're capable of, etc.] and just trust that your body language will match it.

Signal Type #9: Reaction-Based Body Language

Just in case, it's not obvious, this a merge between Signal Type #7 and Signal Type #8.

Typically, you can improve your Reaction-Based Body Language very quickly by shifting your mindset and philosophy.

Here's an example (of what not to do)...

Adam: You know what? I feel like a new guy. I feel amazing. I really can't explain it.

Adam's girlfriend: You sound like you're getting ready to conquer a country. (laughs)

Adam: (sighs and shakes his head as if he's offended)

As you can see, Adam's Reaction-Based Body Language (possibly) sends the following signals:

"Adam is a guy who is easily offended." (not really a sexy signal for most women)
"Adam felt attacked when he really wasn't." (the classic delusional guy signal)
"Adam jumps to conclusions."

As you may know, your brain filters information based on your beliefs.

That's why it's a good idea to do whatever it takes to get yourself to believe:

>> that you're attractive, sexually appealing, etc.
>> that you're not easily offended.
>> most people aren't mean-spirited.
>> etc.

Signal Type #10: Complimenting Her

Going back to the signal of "I'm the type of guy who chases his dream", you can also send this signal with a *compliment*.

You: I remember that time you told me that you wanted to be a singer. I was really impressed by that. It shows that you really believe in chasing your dreams. I respect that a lot.

That's a basic example.

As you can see, if you compliment her for something (having a trait/goal/desire), it indirectly sends the message that either you have it too and/or you respect it...

All you have to do is compliment her for the trait by giving an example of when she demonstrated it in the past. Then, talk about the importance of it. After that, talk about how much you respect people who have the trait.

And by default, you end up sending the signal.

Signal Type #11: Complimenting Someone Else

This is pretty much the same as Signal Type #10: Complimenting Her

Although, Type 10 doubles as a compliment and will generally have the beneficial side effect of making her feel good about herself, the power of Type 11 (this one) is that it allows you to send a more sustained signal by complimenting more than one person.

When you compliment her, it becomes tricky and difficult to keep the topic going.

After you've said it, that's pretty much it. You're not going just keep repeating yourself.

However, when you compliment others. You can string 3-4 back to back stretching out the signal...if that makes sense.

Signal Type #12: Quotes

Quotes are great when you want things to be short. Most of the time, quotes are poetic and can create a strong impact in a matter of seconds.

If you're not sure where to find a motivational quote that supports the indirect signal you want to send, go to google and type in [the signal] along with the word 'quotes'.

Just enter: **chase your dreams quote** in google and click search.



This is one that I found.

Too many of us are not living our dreams because we are living our fears.
Les Brown

Then you would just tell her. And keep in mind, this is a woman you have already identified as being someone who respects/admires guys who chase their dreams!

You: I was on this website today and say a quote by Les Brown. The quote was: *"Too many of us are not living our dreams because we are living our fears."*

Her: Wow! I like that!

You: I know right. It's so simple, but true.

As you can see, this does two things. It inspires her and it builds SV in a unique way.

BONUS Signal Type: Videos/Articles

This works the same way as movies, except they're shorter. Sticking with the "chase your dreams" signal. You can easily find a short video (or article) that has that as the theme.

So, there you go. That concludes this report. As you can see, there are many ways to get a message across.

Take care!

Warmly,

CR James

CRJames.com

Summary Chart

