2 Good Questions:
Possible Missing Links

CR James | July 25, 2012

Subject Matter: Basically the report is based on 2 recent questions. The first one you may find beneficially if you’re trying to create re-attraction or create more sexual value. It provides a simple and solid structure.

The second question (90% of this report) is probably more beneficial to the guy (or someone you know) is looking for the “missing link” to getting consistent ‘horny responses’. The response shown has been greatly expanded on -- to report size -- for maximum clarity.
Hello CR,

I read your seduction book etc....long story short, after going through some traumatic experiences (my wife losing her job of 18 years, her mother was ill for 2 months, etc.), my wife has filed for divorce and we are negotiating to finalize.

I still love her but realize "not agreeing" to it will not work.

Part of the short story is I was a stay at home dad for awhile and lost all my sexual value while she worked.

When we did try to reconcile, it was going to be on her terms (we sleep apart...so it was like get her a new king-size bed ...and THEN she would see about letting me sleep in it...to which I said no.).

Anyway, there are 3 kids involved and that is the one aspect that is tearing me up. There's a lot of other snippets, such as she did send me a minor Valentine's Day signal to which I acted cool and collected but she backtracked (long story but her "psychological hamster" now pretty much denies she made the effort).

Am thinking of taking a hot babe friend she doesn't know to the court date.

Anyway,

Thanks,

[Jack]

Hello [Jack]

Taking the hot babe to the court could work, but realistically under certain situations….and even if the situation was right, it’s not likely to be a “one move” tactic that gets her to change her mind.

Outside of that, it might not accomplish anything meaningful...unfortunately...
Jealousy-based tactics or (more generally) tactics that get her to focus on your value works great when combined with the right signals and/or context...

In most cases, I tend to describe/define “overall sexual value” (i.e. your total desirability) in a sum of your TRAITS combined with IMPACT (i.e. BEHAVIOR/DESCISIONS/INTERACTION-VALUE)

However….when it comes to getting a woman back, or creating re-attraction, it’s best to separate the two...meaning your “overall sexual value” DOES NOT equal TRAITS + IMPACT.

Instead, SV = Traits
And Impact is not a separate thing outside of SV (so Impact = Impact/Behavior/Etc.)

The reason for this is that it’s easier on the brain to create 2 strategies.

It’s easy to see that if a guy divorced a woman because she let’s say ‘gained 50lbs’ combined with ‘treating him badly’, ‘treating him disrespectfully’, ‘not making a point to show him how much she cared’....to keep it really simple, we can see that the woman would need 2 basic strategies:

Making herself more physically desirable.
Treating him better (i.e. making him feel good, making interactions pleasurable, etc.)

This explains why ‘bringing a hot babe to court’ might not have the right impact.

Whether meeting any real needs (in terms of ‘SV’ and ‘Impact’), it could have the same effect as you leaving a woman because she ballooned to 550lbs, shaved her hair completely bald, she excessively insulted him, she excessively treating him with no respect.....he ends up divorcing her based on these reasons....but when he sees her in court, she's with a fairly handsome guy...

It’s possible…and I could be wrong… but it’s possible, that the guy divorcing the woman (based on 550 + below average interaction) wouldn’t change his opinion on her.

Is your plan to get back with her some time in the future?

If so, my advice would be start developing some sort of game plan that took into account different dimensions of impact:

- Your SV
- Your Behavior
- Your (Perceived) Compatibility
- Etc.
- Etc.
- Etc.
Hi CR,

I've been roaming around your website this afternoon just out of pure interest.

I wondered if you would expand on the ethics of positive manipulation?

See for me personally I agree with you when you imply manipulation can be used in a negative way for selfish reasons and I also think it is selfish to use manipulation is a positive way.

(lol. Did I just do it?)

Selfish in that you selfishly believe that your way of thinking is the right way and therefore you must manipulate the other person to accept your position.

Would I want someone to do this to me? No.

I agree with your old professor when he says "I want a woman to love me for me".

If I’m having to do something to achieve a desired reaction I’m not being congruent with who i am and as a result any positive reaction will feel forced and unnatural.

Am I not also giving my power away if i’m having to manipulate someone to my way of thinking?

I don't know. I just want to understand this strategy on a deeper level in order to use it in the real world without experiencing the cognitive dissonance that I’m experiencing now.

Do you have any juice to add?

Cheers,

[Nick]
Hey [Nick]

We might be more in agreement than you realize...

However, I'm not merging "positive manipulation" with “imposing that one’s belief is the right way”...

They’re different things to me.

It could be a fine line for some people, but there is a difference (according to what I believe)…

To me, "positive manipulation" is the act of helping a person make a beneficial change. It’s cool. Nothing is wrong with doing it.

To me, “imposing that one’s belief is the right way” is a 2 part deal… the first part is the “imposing” part…

For example, a guy complains about not getting enough sex and based on my evaluation, he’s making flaws. If I give him advice subtly wrapped in a persuasion tactic to get him to behave differently in his relationship, by my standards, I’m NOT imposing. Of course, for others, I AM imposing…because I didn’t wait for him to say “Can you give me tactics to help me get more sex?” … personally, I have huge issues with this being an “acceptable entry point” to pass on advice simply because it’s unreasonable to think that every human on earth is a master at evaluating their problem…

However, I think it’s imposing to go door to door and give advice without any info or to just ‘hand someone a game plan’ even though they haven’t revealed in any way that they are frustrated and want their situation to change. To me (and I’m just speaking from my view point) if someone complains and expresses a desire to change, then as long as I continue to believe that ‘people aren’t exactly Jedi masters as pin-pointing the direction they need to go in’, then I viewing ‘the act of complaining’ as an appropriate entry point to feed them advice (directly or indirectly) in the spirit of helping him.

The second part of the “imposing one’s belief is the right way” statement, is the idea that a person’s belief/approach(strategy is right…What does that mean? To me, “right” (if we decide to use that word) advice would equal advice that has a high probability of success (ideally based on a pattern of success).

So when you map everything out, you have:

- People who impose on others ‘ineffective advice’.

© Copyright 2012 crjames.com
• People who impose on others ‘effective advice’. (advice that has a high probability of success)
• People who at the appropriate time will offer ‘ineffective advice’.
• People who at the appropriate time will offer ‘effective advice’. (advice that has a high probability of success)

Because of these 4 possibilities, I’m don’t merge/equate "positive manipulation" with “imposing that one’s belief is the right way”...

Let’s break it down even more…

You’ll see this ‘popular pattern’ of self-sabotage take in place in people that you care about.

As far as my professor saying "I want a woman to love me for me", I agree… but when the statement becomes a poetic spin on not being responsible for making adjustments.. or not being aware that you should, it could set up a person up for failure (but even worse, in a way where you can’t trace back to the source of the failure).

Also…What I didn't cover (at least in that report) is the line between what is "fake" and "being yourself" as it relates to self-improvement.

If Bob grows up and beats his wife (as a result of being "programmed/influenced" by his dad beating his mom), then the flaws of behavior is highly visible.

Simply because, the act of violence in a relationship isn’t socially acceptable in this day and age.

It's a bad trait, yet technically (if he saw his dad do it) it's actually "natural/comfortable" for him to behave this way...

Does he need "positive manipulation"?
Does he want it?
Does he care?

Should you use some sort of "persuasion tactic" to convince him to stop?

Do you respect his view on the world and let him continue to harm his wife?

Do you jump in?

If you do, at one point would you start actively and detective-ly seeking out 'guys who beat their wives' for the purpose of persuading them to stop? After all, the woman is continuing to be with him.

Do you become the "imposer"?
Do you become the guy who assumes that his perspective on beating women is wrong?

Maybe it's a tough call...

I will say that it becomes easier to "positively persuade" the guy to change his behavior when he sees that it's not getting him the result that he wants (a quality relationship).

And if he asked for my help (or an alternate perspective) then I would try my best to help him (even if it involved a tactic that designed to shift his current way of looking at things - because (I think) that's the quickest way for a person to grow/change/learn...

Getting back to the professor, in my (potentially flawed) evaluation, his problem was the same structure as the guy who beats his wife --- of course, he wasn't physically beating her...

He was doing psychological damage in the form of ‘Chinese water torture’-like tactics.

He would secretly throw away her sexy clothes.
Imagine the frustrating pain of looking for something (for hours) that you just spent your money on.
In a joking way he said he didn’t believe in ‘inspiring unnecessary competition’. lol. (I thought it was funny. I laughed. But you could see the potential future frustration on her end.)

He would do ‘a bunch of stuff’ like that.

And the problem with that, is that little girls aren’t exactly daydreaming about one day being trapped in an emotionally exhausting relationship with creepy guy.

On top of that, his “bombarding of such antics” was starting to negatively affect her level of horniness.

Go figure.

Being the amazingly nice guy that I am, I thought he might be able to benefit from an adjustment in perspective.

Although, technically he was doing things what were "natural" to him...

Technically, he was just "being himself"...

There's this idea that people/society put out there, that makes people think that "being yourself" is like a noble thing...
And it is to some degree... but the problem is when people equate "making improvements" (via persuasion, via manipulating your perspective, via learning more about the situation) as “not being yourself”…

To me (from my perspective) the essence of being human is to adapt/improve/grow... I tend to define "being yourself" as operating with your current programming/conditioning (i.e. unconsciously observing what dad did, taking on beliefs of peers, etc.)... and if that's working for you, that's great...

If the professor (or anyone) is having a great relationship while being himself even though he is throwing away her clothes, being emotionally exhausting, being a c-plusser, projecting anti-sv, then there is no need to make an adjustment.

If "being yourself" is NOT allowing you to have a great relationship, then you need to improve.

For example, a guy who pressures/begs his wife for sex will generally experience a 'sexual shut down’ at some point... i know this mainly because i use to do it...lol.. more importantly, I’m confident that understand the impact and why it leads to a ‘sexual shut down’... however, at one point in my life it was "natural" for me to this...

The second thing that stops guys from making progress is “how the adjustment feels”…

For example, you have the Type 1 Guy (believes changing and improving is not being himself)

Then you have the Type 2 Guy and the Type 3 Guy… Both understand the concept that if you want to change your results, you need to change your perspective.. but the difference is the Type 2 Guy only does things that are comfortable.

He wants to get stronger, but he doesn’t like to struggle during weight lifting.
He wants to improve at something, but when he fails the first few times, he doesn’t want to try again.
He wants his girlfriend to be more excited about sex and consistently, but he doesn’t want to do things if they’ll be uncomfortable for him.
He wants his girlfriend to be more excited about sex and consistently, but he doesn’t want to do things if they’ll be uncomfortable for her (and of course the problem is a lot of sexual tension tactics involve some sort of ‘tension’).

A Type 2 Guy basically wants better results and in some cases, he’s willing to do something different - BUT ONLY IF - it’s something that HEEEEEELTTT feels comfortable with…

Of course, the only problem with that, is that in MANY CASES, the ‘prescription signal’ that she needs to fully unlock her ‘sexual potential’ could be the thing that he’s...
uncomfortable with... or the tactic that he doesn’t feel like doing... or the technique that he thinks is wrong....

And for that reason, it’s always a good rule to ‘measure what is right’ based on what she responds to.

Some Type 2 Guys don’t want to do a tactic that may (uncomfortably) be a lot of work (figuring out info → creating a strategy based on it)....

Of course, the only problem with that, is that in MANY CASES, the ‘prescription tactic’ can only be discovered by doing some initial work.... in order to fully unlock her ‘sexual potential’...

The good news is the brain adjusts to the ‘discomfort’ of doing something new.

If you do 50 Push Ups enough times, pretty soon it will become easy to do.

If you quit smoking and it’s tough in the beginning, pretty soon it becomes ‘easy’ and ‘natural’ to not smoke.

For example, here’s a good email someone sent in regards to quitting smoking.
Charles,

Thanks for the reply.

I smoked for about 10 years, nearly a pack a day, started in the last year of high school. I tried a lot of things to try and quit - pills, patches, lozenges, the lot. None of them worked well for me but that’s not to say they don't work well for others. But I truly believe the biggest thing is you need to WANT to do it. A lot of people, even me, try to quit because they think it’s the right thing to do or the right time of year but deep down they still enjoy smoking. So quitting will never work. Even if you can manage a few weeks you’ll end up smoking again at some stage. That’s what happened to me several times.

Finally I was just fed up with the smell, feeling like crap, the cost of it, and so on. I really wanted to quit this time so I didn’t even use anything just cold turkey. I was in a foul mood for the first week or so but after that it got easier and then it became sort of a challenge to see how long I could hold off and then it got so long that I would have felt angry at myself if I had gone back to it.

Probably the most logical thing I’ve heard, and it’s something they use for people when trying to lose weight, is to try and get control over them. So whenever you are about to have a cigarette, put it back in the pack and then go and do something for 5 - 10 minutes and then come back and have it. That way you are subconsciously telling yourself you are in control of the cigarettes not the other way around. As you get more control you can then slowly have less and less. But once again it has to be something the person really wants to do.

Another thing people forget is that it hardly ever happens the first time you try. So you need to realize those first few failed attempts are actually getting you closer to quitting even though it might not appear that way at the time. The more times you try the sooner you get off them.

Anyway, I know how hard it is so I’m not going to pretend it’s easy but it’s definitely something worth doing and I definitely feel better having done it.

It’s hard watching someone else smoking when you really want them to quit but as with most things in life, the more you keep nagging them about it the less likely it is they will do it. It’s

To highlight the green section, he said:

I was in a foul mood for the first week or so but after that it got easier and then it became sort of a challenge to see how long I could hold off and then it got so long that I would have felt angry at myself if I had gone back to it.

As you can see, it wasn’t an ongoing struggle month after month after month.
That’s one of the Biggest Thinking Flaws of C-Plussers!!

They somehow manage to ‘really believe’ that doing something new is ‘going to be some sort of endless pain-struggle’

I was talking to someone who told me about a guy who got himself off of a pain pill addiction. He took the cold turkey approach. He said, for the first 3 days he had headaches and he vomited a lot, then after that it was a piece of cake and he the desire was completely gone.

When I first started doing ‘new things’ that I believed would help my wife get horny, it felt very weird and unnatural. The idea of doing simple stuff was tough. Then I felt that she would pick up on my intentions and I believe that would render it useless. That made me nervous. Then I figured, if I was nervous, it would also render it useless.

But I fought through it.
I eliminated and masked as much nervous as possible. And I still got results.

C-Plussers don’t like being nervous.

There are champions who before and the beginning parts of a game that are nervous, but they still end up achieving.

Success minded people don’t think about the discomfort. Success minded people don’t think about nervousness.

They focus more on the pleasure of a ‘future quality life’.

C-Plussers don’t like discomfort - even though it’s not even close to other people’s challenges such as sharp headaches and vomiting for 3 days.

This whole idea that nervous prevents success is a myth.

Doing is what matters….

As far as doing things that feel unnatural… to me, based on my limited knowledge of the human brain, i think that new things (growth) suppose to feel unnatural at first...our brains (unconscious mind) in some way wants us to be safe so it sticks with the familiar....

So in a way, it suppose to feel unnatural to do things outside of our comfort zone.

It's kind of like where you're driving for the first time. In the beginning it feels tough/unnatural and then the brain rewires and creates new neural pathways and over time it becomes easier/natural/comfortable...
The Type 3 Guy is like the Type 2 Guy (in the sense that he understands the concept of ‘to change your result ➔ ‘you have to change your perspective/actions/behavior’)…except the difference is he’s willing to do things whether it’s comfortable to him or uncomfortable to him…. Since he focuses on maximizing success, that’s his emphasis.

Of course, ‘discomfort’ doesn’t not automatically equal ‘growth’.

If you for whatever reason decided to throw away all of her clothes, that may not be natural to do. It wouldn’t be for me. I would be nervous the whole time I was doing it. However, that doesn’t mean it’s automatically going to be effective.

For example there was a guy who did ‘a technique’ in one of my reports and he said everything inside him told him to stop and bail… but he stuck with it, and it got his wife horny… the funny thing was I remember thinking that it was one of the ‘easy techniques’ that most guys won’t struggle with doing it. It just goes to show you that ‘every guy’s struggle is different’.

But the point is Type 3 Guys focus on the process.

If one guy scrubs a dirty car using a hot soapy cloth, the car will get clean (because he’s using a successful process)…even if he found the process of washing a car to be the most fun he’s had in his life.

If another guy scrubs a dirty car using a hot soapy cloth, the car will also get clean (because he’s using a successful process)…even if he found the process of washing a car to emotionally painful - even if he was nervous - even if he wasn’t sure if it would work.

So we arrive at 4 possibilities.

Possibility #1: Being uncomfortable/nervous about doing something ineffective.
Possibility #2: Being uncomfortable/nervous about doing something effective.
Possibility #3: Being comfortable about doing something ineffective.
Possibility #4: Being comfortable about doing something effective.

C-Plussers focus on Possibility #3 and Possibility 4.

Success Minded Super Sexy ‘Type 3’ Guys focus on Possibility #2 and Possibility 4.

Success Minded Super Sexy ‘Type 3’ Guys know that if you wash a car using a hot and wet soapy rag with the appropriate amount of force, then the car will clean because of the process - not how fun or uncomfortable it is.
Also, if you add enough oil to your “tribute to the 90’s” car bra, it’s going to shine whether it’s a played out accessory or not.

Regards,
CR James
crjames.com