

# Questions To CR James

Issue # 006

I purchased SSP [Super Seduction Power] a week ago and have more hope than I've had in 6+ yrs. I will try to make this looong story short and get to the question.

Our intimacy cooled after the birth of our only son which I attributed to being busy, exhausted, and extended family/career pressures.

I received most of the blame for that cooling off being told I was too demanding (which I now realize diminished any chance for improvement).

Recently, she confessed the 'real problem':

That since the birth of our son, she no longer felt sexy due to a being left with large abdominal apron.

After years of begging, which resulting in arguing, I eventually gave up asking. 'The Subject' was ignored at all cost and I now know she felt terribly guilty and helpless.

Just about all intimacy was gone and I feel rejected physically and emotionally.

I am unable to separate this sexual rejection from who I am as a man, husband, and father. I realize I am lonely, sad, and then very angry and even resentful.

(After reading SSP, I know how destructive this was to getting even guilt sex).

Fast forward to the present: the depression, career & family pressures eased, and we have time work on home projects together, travel, etc.

We are actually having fun, but the intimate connection is still elusive.

Enter SSP, and in a week I am embracing a new attitude and outlook with improvement every day for both of us.

Now to the question.....she is building up a ton of Smiley Face Points and asks 'what will I do with all of them'. At this point, I still have that fear of being rejected...

**How do I ease into this after yrs of getting infrequent guilt sex after a big argument?**

**Thanks in advance.**

**[Eric]**

Hey [Eric]

Interesting situation...

When you lay out all the events/situations ALONG with the resulting perceptions (from the man and the woman) it's easy to how the sex life starts to suffer (ie. the begging, the guilt, the arguing, her not feeling sex, etc.)

As far as your current Smiley Face situation – and not wanting to get rejected – there's two approaches...

Approach #1: The 'deal with the fear' approach.

Technically no one has a fear of rejection.

What they really have is a fear of the MESSAGE that is attached to the rejection.

It often comes from saying the wrong things Post-Rejection.

For example, a guy may get rejected and afterwards, he says one of the following to himself:

- She never wants to have sex with me
- I guess she's not attracted to me anymore
- Her sex drive has decreased
- She's no fun anymore.
- or anything like that...

It is statements like these that caused the pain (sadness/anger/frustration)...

And there often created out of thin air.

If a guy has a fear of rejection, he should examine the statements he's saying to himself...

Saying those things (above).. is MUCH DIFFERENT than saying things like:

- I guess I didn't build enough tension
- Maybe she really is tired.
- I probably could have been a little more romantic.
- Maybe I initiated too fast.

...etc.

Imagine spying on a guy while he's in the bedroom with his wife. You observe him getting turned down for sex. And then immediately afterwards, he gets **pissed off** and starts arguing.

It doesn't matter how logical his arguments are – or more accurately, how logical he appears to himself...

It's a "no win" situation because of the indirect message:

He doesn't handle things well when he doesn't get what he wants in life. He's insecure/fearful.

Anger is fear in disguise.

No reasonably thinking guy is going start get angry or say if his girlfriend said:

"Not right now Honey. Let's wait 10 minutes."

So in order to get angry (or sad) you have to have to be afraid of something.

You have to have a fear that the sex life is NEVER going to get fixed.

You have to have a fear that she's NEVER going to be excited about having sex with you.

You have to have a fear that she's NEVER going to want sex more frequently.

When you CHANGE your perspective, you CHANGE your attitude.

You have to create a HABIT of saying 'different stuff' after a rejection...

When you think of the guys who ATTACH **Leaping Statements** to the rejection (i.e. "She said she's tired. This must mean she hates having sex with me") it's no wonder they have a fear of rejection...

That's a painful statement!

But more damaging part is how it subtly implies that there's nothing you can do to make adjustments... (which is 100% false)...

Approach #2: You could create a 'sexual gateway' ... like a full body massage...which implies no clothes...warm hands... laying in the bed...

It's based on the idea that if a woman is already in the bed...plus she has her clothes off...plus she is giggling as you touch her...

...then that's a much better time to 'smoothly initiate sex' versus saying 'do you kinda wanna have sex tonight honey...if you want to?' ...when she's stressed out...thinking about problems in life...and half-angry with everyone...

So instead of asking her does she want to have sex...

Ask her if she wants to do a 'gateway' activity...[i.e. a massage, footrub, living room picnic, playing the 'let's see who can take off their underwear the fastest']

Take Care [Eric]...

Enjoy your day

Warmly  
CR James

Hi CR,

**Either I'm retarded or my wife of 10 years is too clever with these womanly "games", or she has over-sensitive "sex-sensing" powers.**

**She claims I am too obvious with my goal to constantly have sex with her, and I can understand that she therefore feels like I only want her for sex, and maybe that I don't really love her, which I of course do very much.**

**Therefore I must have the wrong attitude or action plan, though I at least think I've been applying what I've learned from your teachings.**

[George],

Addressing your first paragraph:

Doing a "technique" (100% correctly) does NOT lead to her getting turned on...

What gets her turned on, is HOW SHE RESPONDS to 'what you do' (whether your actions are pre-planned or un-planned).

Backing up for a second: In terms of terminology, a quote-unquote "technique" (by my definition) is just a PRE-planned strategy.

That's it.

Not using a "technique" is performing an UN-planned strategy.

Either way, she's going to 'emotionally respond' (in some way) to what you do.

1. It's the reason why successful techniques work.
2. It's the reason why unsuccessful techniques don't work.
3. It's the reason why effective unplanned strategies work. (i.e. getting "results" when you weren't trying to.)
4. It's the reason why ineffective unplanned strategies don't work.

Those are the 4 possibilities.

Getting her turned on:

A) IS BASED on how she responds to what you do

B) IS NOT BASED on whether 'what you do' is pre-planned or unplanned.

If you tell her a sad story, she's going to sad. It doesn't matter if you PLANNED to tell her the story or whether she had no intentions of telling her the story...

Ideally, a "technique" should be done for the purpose of getting an IMPROVED response.

That's it.

Period.

Digging Deeper...

As far as being effective (i.e. getting her horny)...

It goes back to the super simple formula:

The more you know about what works **SPECIFICALLY FOR HER** + what works for **99% of ALL WOMEN**, the better you will be able to craft highly effective "techniques" (or pre-planned strategies that are **Laser-Predictable**)...

If your "Technique/Game/Pre-planned-Strategy" (however you describe it) doesn't work, don't do it anymore or tweak it. (Those are the only two options)

-CR

**I was rereading your ebook [Get Her Horny Volume 2].**

**I was thinking about the lazy man way to get her horny [by doing what is suggested]...**

**[When she gets horny] what would make her WANT to give it to you - especially since I'm single and don't have a girlfriend... just casual things right now.**

Hey [Jeff]...

Good question...

That's where your SV comes into play... GHH books are all about getting women horny and that's it... (it assumes that you have SV)...

If you don't have SV... then you need to understand what it takes to get it...

That's what books like SSP [Super Seduction Power], and Super Attraction Power are for... or the complete SV Package (<http://www.lustsignals.com/ssp-package.html>)....

Or any book/course that teaches it...

Or just taking the time to understand "how to be desirable to her"...

With the exception of SSP (which teaches 'ways to become desirable' PLUS 'ways to get her turned on' ...from the SSP perspective) my other reports either exclusively focus on:

Becoming Desirable (from a unique perspective that's exclusive for that report)

OR...

Getting Her Turned On (from a unique perspective that's exclusive for that report)

If you're single... most of your focus should be on:

- \* figuring out where quality women are (online, offline)
- \* figuring out how to make contact with them
- \* figuring out how to increase your sexual value

Keep things simple.

In other words, just work on meeting a girl and doing things to become MASSIVELY DESIRABLE in her eyes...

Get good (or good enough) at that...

THEEEEEEEEEENNNNNN.... focus on the art of getting her little panties wet...

You don't have to buy a bunch of stuff that you're not ready for...

You're going to better identifying what areas you need to improve the most, and focusing on correcting that issue....

- CR